This Is the Sea by Waterboys (1985)

E A E A E A E A

A E E A
These things you keep you'd better throw them away
A E E A
You wanna turn your back on your soulless days
A E E A
Once you were tethered and now you are free
A E E A
Once you were tethered well now you are free
A E E A
That was the river this is the sea!

Now if you're feelin' weary, if you've been alone too long
Maybe you've been suffering from a few too many plans that have gone wrong
And you're trying to remember how fine your life used to be
Running around banging your drum like it's 1973
Well that was the river, this is the sea!
Wooo!

Now you say you've got trouble you say you've got pain
You say've got nothing left to believe in
Nothing to hold on to; nothing to trust; nothing but chains
You've been scouring your conscience, raking through your memories
Scouring your conscience, raking through your memories
But that was the river, this is the sea yeah!

Now I can see you wavering aAs you try to decide
You've got a war in your head and it's tearing you up inside
You're trying to make sense of something that you just don't see
Trying to make sense now and you know you once held the key
But that was the river and this is the sea!
Yeah yeah yeah yeah yeah yeah yeah!

Now I hear there's a train; it's coming on down the line
It's yours if you hurry you've got still enough time
And you don't need no ticket and you don't pay no fee
No you don't need no ticket; you don't pay no fee
Because that was the river and this is the sea!
Behold the sea!